

Penile Cancer: Diagnostics, Treatments, Outcomes, and Recent Advances

Literature Review (2020–2025)

Prepared for Presentation

Introduction

- Penile cancer is a rare malignancy, mostly squamous cell carcinoma. HPV-related and HPV-unrelated subtypes exist with distinct biology. Incidence is higher in developing regions. Diagnosis, staging, and treatment require multidisciplinary care.

Clinical and Pathological Evaluation

- Primary diagnosis requires biopsy of suspicious lesions.
Histologic subtype, grade, depth of invasion, and margins are crucial.
p16 and HPV testing stratify prognosis.
Pathology follows WHO 2016/2022 classification.

Imaging

- Clinical exam is first-line; imaging supports staging.
CT chest/abdomen/pelvis recommended for metastasis assessment.
MRI or penile ultrasound helps detect cavernosum invasion.
FDG-PET/CT useful in high-risk cases but not routine.

Lymph Node Staging

- Ultrasound with FNAC for suspicious nodes. Sentinel lymph node biopsy (DSLNB) is standard in cNo high-risk tumors. Modified lymphadenectomy with frozen section if DSLNB unavailable. Node-positive disease requires full inguinal dissection.

Biomarkers

- No validated serum biomarker yet.
SCC antigen has low sensitivity and specificity.
Elevated CRP is linked to poor survival and nodal metastasis.
HPV/p16 and PD-L1 status carry prognostic implications.

Surgery

- Surgical excision remains the cornerstone of treatment.
Organ-sparing techniques preferred for small distal tumors.
Radical penectomy reserved for advanced disease.
Robotic/ laparoscopic ILND reduces morbidity vs open.

Radiotherapy

- Brachytherapy or EBRT is an option for early tumors.
Used when surgery contraindicated or refused.
Local control is lower than surgery.
Adjuvant radiotherapy for node-positive cases is debated.

Chemotherapy

- Cisplatin-based chemo is standard in advanced disease.
TIP (paclitaxel-ifosfamide-cisplatin) shows ~50% response.
Adjuvant chemo may be considered in node-positive cases.
Outcomes remain poor in metastatic setting.

Targeted Therapies

- EGFR inhibitors (cetuximab, dacomitinib) show limited efficacy.
Genomic profiling reveals TP53, NOTCH1, PIK3CA alterations.
Nectin-4 and TROP-2 targeted ADCs under investigation.
Still experimental in clinical practice.

Immunotherapy

- Checkpoint inhibitors (PD-1/PD-L1) show modest responses.
ORR ~16% in atezolizumab trial, better in MSI-high cases.
Combination regimens under evaluation.
Pembrolizumab approved for MSI-H/TMB-high tumors.

Outcomes

- 5-yr survival ~79% in localized, 51% in regional disease.
Drops to 9% with distant metastases.
Local recurrence manageable after organ-sparing surgery.
Advanced disease median OS ~12 months.

Recurrence & Follow-up

- Most recurrences occur within 2 years. Local relapses can often be salvaged. Nodal relapse predicts worse prognosis. Close surveillance is essential.

Quality of Life

- Radical surgery impairs sexual function and body image.
Organ-sparing approaches preserve QoL better.
Psychological distress is common among survivors.
Multidisciplinary support crucial for rehabilitation.

Recent Advances

- Molecular profiling distinguishes HPV+ vs HPV-tumors.
Robotic ILND shows reduced complications.
Fluorescence-guided sentinel biopsy improves staging.
ADCs and ICI combinations are promising.

Conclusion

- Penile cancer requires multimodal, individualized management.
Diagnostics rely on pathology, imaging, and nodal staging.
Organ preservation prioritized whenever possible.
Emerging therapies (ICI, ADCs) may improve outcomes.

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